



4.9/5 Ratings
by 2000+ Past Graduates



500+
Jobs Offered



15000+
Client Therapy Hours

PSYCH ADVANCED

Where Learning Meets Real-World Practice

ACCREDITED BY



International Association
of Therapists



Unique Offerings

- Advanced Training from Experts
- Hands-on Client Exposure
- Therapy Supervision
- Completion Certificate
- Letter of Recommendation
- Job Opportunities & Placement Guidance





KEY PROGRAM FEATURES

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01 Practical Training

Hands-on exposure through mock observations with senior psychologists and real counselling scenarios.

04 Mini Hackathon

Participate in structured discussions, debates, and quizzes centered on real client cases to apply psychological concepts in practical contexts

02 Advanced Case Studies & Research

Work on in-depth case presentations, research reviews, & applied psychology projects.

05 Peer Learning & Collaboration

Engage collaboratively with peers to analyze real-world scenarios, exchange insights, and enhance critical understanding of psychological principles.

03 Group Facilitation

Learn to design and lead wellbeing events, building confidence in group session management.

06 Supervised Mentorship

Receive continuous feedback and guidance from practicing psychologists to refine your skills.



SPECIALIZED TRAINING MODULES

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01 ADVANCED COUNSELLING SKILLS

Build a strong therapeutic foundation

Develop core counselling techniques such as active listening, empathy, boundary-setting, and structured session planning. This training helps you refine interpersonal effectiveness and improve client engagement across diverse situations.

You will practice skills through role plays and real-life scenarios to build confidence. By the end, you'll be equipped to conduct structured sessions with clarity and compassion.

This module prepares you to approach clients with sensitivity while maintaining professional boundaries. It also gives you tools to manage difficult sessions with confidence.

Key Takeaway: Master essential counselling skills to create safe, trusting, and effective therapeutic relationships.



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02 COUPLES THERAPY

Support healthy relationships

Learn evidence-based approaches to help couples improve communication, resolve conflicts, and strengthen intimacy. Gain tools to identify relationship dynamics and guide couples toward healthier interactions.

You'll explore common relationship challenges and practice intervention strategies. This module prepares you to handle sensitive conversations with empathy and neutrality.

Through supervised practice, you'll also learn how to address issues like trust, infidelity, and emotional disconnect in a safe and guided way.

Key Takeaway: Gain confidence in helping couples build healthier, more sustainable relationships.



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03 APPLIED COGNITIVE BEHAVIOUR THERAPY (CBT)

Practical tools for real change

Understand the principles of CBT and apply structured interventions to address maladaptive thoughts and behaviours. Training includes worksheets, role plays, and live demonstrations for effective practice.

You will learn how to identify cognitive distortions and guide clients in reframing them. The module emphasizes practical application so you can confidently integrate CBT into your sessions.

Additionally, you'll practice building treatment plans and measuring outcomes to ensure progress is meaningful and client-centered.

Key Takeaway: Equip yourself with practical CBT tools to guide clients in breaking negative patterns and achieving change.



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04 WORKPLACE COUNSELLING

Mental health in professional spaces

Equip yourself to address stress, burnout, and interpersonal challenges in corporate and institutional environments. Learn strategies for conflict management, productivity support, and creating psychologically safe workplaces.

You'll gain insights into organizational psychology and employee wellbeing. This training also prepares you to support both individuals and teams within workplace settings.

The module also helps you understand workplace policies and ethics, ensuring you approach counselling in professional contexts with confidence.

Key Takeaway: Develop the ability to support mental wellbeing in workplace settings and enhance organizational health.



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05 QUEER AFFIRMATIVE PRACTICES

Inclusive and affirming therapy

Develop the cultural sensitivity and knowledge needed to support LGBTQIA+ clients. Training focuses on understanding gender and sexuality diversity, affirming language, and creating safe therapeutic spaces.

You'll engage with real case examples to deepen your awareness and challenge bias. This module empowers you to create a therapeutic environment that validates every identity.

You will also learn how systemic discrimination impacts mental health and how therapy can become a space of empowerment for marginalized communities.

Key Takeaway: Learn to provide inclusive therapy that validates and empowers queer clients.



PRACTICAL TRAINING

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01 Mock Observation with Senior Psychologists

Learn directly from experts by observing therapy sessions. Gain insights into therapeutic techniques, client interaction styles, and professional conduct. This prepares you to apply theory with confidence in real-life settings.

03 Assignments: Case Presentations & Research Reviews

Sharpen your presentation and analytical skills by preparing structured case reviews. Learn how to present findings professionally and critically evaluate research essential skills for higher studies and clinical roles.

02 Advanced Case Studies & Research Projects

Work on complex, real-world scenarios that challenge your critical thinking. Through structured case studies and guided research projects, you'll strengthen your diagnostic reasoning and intervention planning skills.

04 Group Facilitation Training

Develop the ability to design and lead group sessions. You will plan wellbeing events, manage group dynamics, and facilitate discussions effectively an essential skill for both clinical and organizational contexts.

MINI HACKATHON



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01 Peer-Mediated Learning

Work closely with fellow learners to exchange knowledge and perspectives. This collaborative approach encourages confidence, teamwork, and deeper understanding of therapeutic practices.

02 Round Table Case Discussions

Engage in structured discussions of complex cases with your peers. These debates simulate real-world professional dialogues, enhancing your decision-making and critical thinking.

03 Psychology Quiz & Topical Sessions

Boost your theoretical knowledge in a fun, interactive format. Quizzes and topical sessions keep you sharp and updated with current trends in psychology.

04 Debate Your Mind

Challenge your perspective and build persuasive communication skills. Debates help you learn to view psychological concepts from multiple angles and strengthen your argumentation abilities.



YOUR INTERNSHIP REWARDS

01 Certificate of Experience

awarded to all participants upon completion



02 Letter of Recommendation

given to top performers who excel during the internship

03 Invaluable Real-World Knowledge

practical insights you can apply to future HR and I/O roles



LEARNING JOURNEYS



Psych Advanced was a wonderful experience. Aadya's sessions on work counselling, combined with real client exposure, made learning meaningful. Her guidance and encouragement truly shaped my confidence.



– *Khushi Chatterjee*



Jitesh's sessions on Queer Affirmative Practices were insightful and eye-opening. Learning to work with real clients under his supervision strengthened my understanding of inclusivity in therapy.



– *Ishan Chawla*



This program provided me with practical exposure and mentorship I always wished for. Every facilitator was supportive and encouraging. I feel humbled and grateful for the entire Psych Advanced experience.



– *Sharon Raj*



LEARNING JOURNEYS



This program gave me practical exposure I always wished for. The facilitators guided us with patience, making real client interactions a true learning opportunity.

★★★★★

– *Kashish Sanghvi*



Sangeetha's guidance while she supervised me with real client interactions was invaluable. She explained concepts with so much clarity, making Advanced counselling practical and approachable.

★★★★★

– *Fiza Akbar*



The group discussions, quizzes, and debates gave me real clarity. They pushed me to think deeply and analyze my skills in ways I hadn't before

★★★★★

– *Sonal Pawar*



FREQUENTLY ASKED QUESTIONS

1. Who can join Psych Advanced?

Psychology students (UG, PG, and recent graduates) who want to sharpen their skills and gain Advanced learning experiences.

2. Do I need prior counselling experience?

No. The program is designed for learners at different stages. Our facilitators guide you step by step.

3. Will I get to work with real clients?

Yes! You'll be supervised while working with real clients and also engage in real client case studies to build confidence and professional clarity.

4. What makes Psych Advanced different?

It combines Advanced counselling skills with group discussions, debates, quizzes, and case presentations — making learning interactive, practice-oriented, and confidence-building.

5. Will I receive a certificate?

Yes, every participant will receive a Certificate of Completion, which is ISO, ICPEM, and IAOTH certified. Top performers may also receive a Letter of Recommendation.

Globally Recognized Certification

6. Are the therapy sessions in the bonus for everyone?

Yes! All participants get free therapy sessions with certified therapists during the program.